

PIA WIKSTRÖM, PhD

Childhood Development

*Cognition & Communication
Assessment & Intervention*

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ABOUT DR. WIKSTROM

Dr. Pia Wikstrom is a licensed Speech-Language Pathologist and a Developmental Psychologist with a private practice on the Upper West Side of Manhattan. She holds a Master's degree in Speech & Language Pathology and a Ph.D. from Columbia University in Psychology specializing in development of cognition and language.

APPROACH TO TREATMENT

Dr. Wikstrom emphasizes treatment of identified areas of difficulties in relation to the whole child. Treatment methods include various techniques to address targeted issues, including those embraced in language and speech therapy, DIR Floortime play therapy, cognitive therapy, biofeedback, and mindfulness training.

AREAS OF TREATMENT

Speech and Language

Dr. Wikstrom diagnoses and treats children as young as 17 months through adolescence for the following conditions:

- Auditory processing disorders impacting communication, learning, reading and other academic skills in children and adolescents.
- Language processing and comprehension disorders impacting communication, learning, reading, writing, and other academic skills.
- Oral motor issues impacting development of clarity of speech and language.
- Dysfluency disorders, including stuttering and cluttering (irregularities in organization, rate, and articulation of speech) impacting communication and emotional functioning and development in children, adolescents and adults.
- Word retrieval and language organizational issues, impacting communication, reading, writing, and learning skills in children and adolescents.
- Selective mutism impacting communication skills and social-emotional development in

Interpersonal Communication and Social Cognition

Foundations for interpersonal communication begin in the womb. These inborn skills are necessary in order not only to communicate but also to predict actions and events, learn, and thus successfully advance to higher levels of development. Thus, social language and communication issues impact not only relations with others but the skills that underpin most learning. Dr. Wikstrom treats children with autism spectrum disorder and social communication disorder impacting their language, cognitive skills, social thinking, and communication skills.

Language, Cognition, and Executive Functioning

Language is an integral part of developments in executive functioning and attention, and self-regulation. Dr. Wikstrom treats children with attention deficit disorders as the disruptions in their attention intersect with and impact their language functioning and communication skills..